

This Groove

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Lee Hamilton (SCO), Tim Johnson (UK) & Jean-Pierre Madge (CH) - January 2025

Music: This Groove - Oliver Heldens & LENNO : (iTunes & Amazon)



Intro: 64 Counts (approx. 31s)

Section 1 [1-8] Diag R, Touch L, Diag L, Touch R, Step R ¼ L, Touch L, Step L ¼ L, Touch R

- 1 2 Step R diagonally forward R (1), Touch L next to R (2)
- 3 4 Step L diagonally forward L (3), Touch R next to L (4)
- 5 6 Make ¼ turn L stepping R to R side (5), Touch L next to R (6) 9:00
- 7 8 Make ¼ turn L stepping forward on L (7), Touch R next to L (8) 6:00

Section 2 [9-16] Walk Fwd R, L, R, Kick L, Walk Back L, R, L, Touch R

- 1 2 Walk forward on R (1), Walk forward on L (2)
- 3 4 Walk forward on R (3), Kick L forward (4)
- 5 6 Walk back on L (5), Walk back on R (6)
- 7 8 Walk back on L (7), Touch R next to L (8) 6:00

Section 3 [17-24] Step Fwd R, Hip Bumps Back/Fwd, ¼ R With Hitch L, Hip Bumps Sideways, Touch R

- 1 2 Step forward on R and bump hips forward (1), Bump hips back (2)
- 3 4 Bump hips forward (3), Keeping weight on R make ¼ turn R and hitch L (4) 9:00
- 5 6 Step L to L side bumping hips L (5), Bump hips R (6)
- 7 8 Bump hips L (7), Touch R next to L (8)

Section 4 [25-32] R Grapevine With Touch, Rolling L Grapevine With Touch

- 1 2 Step R to R side (1), Step L behind R (2)
- 3 4 Step R to R side (3), Touch L next to R (4)
- 5 6 Make ¼ turn L stepping forward on L (5), Make ½ turn L stepping back on R (6)
- 7 8 Make ¼ turn L stepping L to L side (7), Touch R next to L (8)

Have fun!

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