

THINGS I REGRET

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October 2025

Type of dance: 32 counts, 2 walls

Level: Advanced (Low)

Music: All The Things I Regret, by Oryen Etheria

Intro: 16 counts

Restart: Wall 3, dance the first 16 and change the last & count collecting RF next to LF squaring up to the front to restart the dance

Tag : At the end of wall 1 and 4, add the next 4 counts :
1-4 : Make ¼ turn L stepping on LF, Rock RF fwd, Recover on LF, Make ¼ R stepping RF to R

Counts	Footwork	End facing
1 – 8	½ Rondé, Rock Fwd, Side Rock, Behind, ¼ turn Step, ½ Step Pivot, Spiral Full, Curve Running	
1-2&	Step LF fwd and make ½ turn L with rondé R leg (1), Step RF fwd (2), Recover on LF (&)	6:00
3&4	Step RF to R (3), Recover on LF (&), Cross RF behind LF (4)	6:00
5-6	Make ¼ turn L stepping LF fwd (&), Step RF fwd (5), Make ½ turn L keeping weight back on RF (6)	9:00
7-8&	Make a full spiral turn R stepping on LF (7), Step RF fwd making a curve with 1/8 turn R (8), Step LF fwd continuing the curve with 1/8 turn R (&)	12:00
9 – 16	1/8 turn Step & Sweep, Cross, ¼ turn Back Step, ¼ turn Side Step, Sway x2, ¼ turn Step & Piqué, Run x2, Fwd Coaster Step, Back Step	
1-2&	Make 1/8 turn R stepping RF fwd and sweeping LF to the front (1), Cross LF over RF (2), Make ¼ turn RF back (&)	10:30
3-4&	Make ¼ turn L stepping LF to L (3), Sway to R (4), Sway to L (&)	7:30
5-6&	Make ¼ turn R stepping RF fwd doing a piqué with L knee up (5), Step LF fwd (6), Step RF fwd (&)	10:30
7&8&	Step LF fwd (7), Step RF next to LF (&), Step LF back (8), Step RF back (&)	10:30
17 – 24	½ turn Rock Step, Back x2, Step Back & Hook, Step, Full Turn & Sweep, 3/8 Jazz Box, 1/8 turn Step, Step Fwd	
1-2&	Touch L toes back and make ½ turn L as you transfer weight on LF (1), Recover on RF (2), Step LF back (&)	4:30
3-4&	Step RF back as you hook LF over R leg (3), Step LF fwd (4), Make ¼ turn L stepping RF back (&)	10:30
5-6&	Make ¼ turn L stepping LF fwd sweeping RF to front (5), Cross RF over LF (6), Make ¼ turn R stepping LF back (&)	7:30
7-8&	Make 1/8 turn R stepping RF to R (7), Make 1/8 turn R stepping LF fwd (8), Step RF fwd (&)	10:30
25 – 32	1/8 turn Step, Touch, Unwind, Run x2, Rock Step, Back, ¼ turn Step, Lunge	
1-2	Make 1/8 turn L stepping LF to L (1), Touch R toes behind LF (2)	12:00
3-4&	Unwind full turn R finishing with R leg over L (3), Step RF fwd (4), Step LF fwd (&)	12:00
5-6&	Step RF fwd and raise up on toes (5), Recover on LF (6), Step RF back (&)	12:00
7-8	Make ¼ turn L stepping LF to L (7), Lunge RF to R (8)	9:00
	To restart the dance, make an extra ¼ turn L as you recover on LF to restart to 6:00	